



## Board Meeting Minutes FINAL

October 12, 2023, 6:00 pm-8:30 pm VDFP Office

Attendees (Name, Position, P/R/V)					
Dr Ami Brosseau	Director	P	Dr Sarah Chritchley	Director	P
Dr Ali Dozzi	Director	V	Dr Melissa Duff	Chair	P
Dr Dave Harrison	Director	P	Dr Kristen Iverson	Director	P
Mr Peter Lockie	Treasurer	P	Dr Anna Mason	Secretary	P
Dr Carien Smit (8:15-8:30 pm)	R2 Director	V	Catriona Park	Executive Director	P
Dr Brett Dueck	R1 Director	R	Nicole Dehoop	Operations Coordinator (minutes)	P
Jessica Swinburnson (guest)	LTCI Program Manager	P			

P = Present    R = Regrets    V = Virtual

### Open Meeting

- Dr. Melissa Duff opened the meeting at 6:00 pm with a Welcome, Land acknowledgement and check-in.
- VDFP Mission, Vision, and Approach was read.
- There was no Director conflict of interest were declared for this meeting.
- There were no additions to the agenda.

### Vic-SI Long-term Care Initiative

- Jessica Swinburnson attended to provide background and work with VDFP.
- Overview of current state of LTCI:
  - 10 new FPs were recruited into LTC.
  - All residents have a MRP including the 410 residents who were at risk of being orphaned.
  - Five panels now need a MRP which is approximately 90 residents.
  - Two new homes are opening this fall with 123 net new beds.
- Recruitment strategies for LTCI:
  - Engagement with community FPs
  - Engagement with Residents and students
  - Engagement with Care homes
  - Engagement with Provincial partners
- Future needs for LTCI:

- MRP Succession Planning
- Medical Coordinator Succession Planning
- New homes opening
- Learnings:
  - Easier to fill TORCH/structured model home vacancies, prefer scheduled visits and cross coverage.
  - New LTC recruits are new to practice with young families.
  - Takes several months to fill vacancies, need lots of notice from those retiring.
- LTC and LFP Payment Model Issue:
  - LTCI wrote letters to DoBC President and BCFD Executive Director
  - Dr Manville met with Dr Sari Cooper to discuss these issues.
  - LTCI SC planning on sending another letter.
  - Expecting to hear details about LTC LFP after the working group meeting at the end of October.
- LTC population under age 75:
  - LTC is seeing an increase in younger residents with complex health issues - ~21% on the South Island.
  - Resident Assessment Tool only tracks anxiety, depression, bipolar disorder, and schizophrenia. Data doesn't capture substance use, addiction, personality disorders, OCD, or head injury.
  - Nearly half of the under 75 population have a psychiatric disorder diagnosis and these residents take up a disproportionate amount of time for FPs.
  - There has been some success at The Summit LTC Special Population Unit. A geriatric addictions specialist has been working there since June and they are having success using harm reduction strategies.
- LTCI Learning Series:
  - January 2024 – *Addictions in Long-term Care* – Drs Chris Stuart & Chris Blashko
  - Future education on personality disorders, chronic psychosis, and brain injury.

#### Consent agenda

- October 12 Agenda
- ED Report
- VDFP Program Report
- Board Meeting Evaluation Results – September 14, 2023
- New Members List
- Victoria CSC Minutes – July 28, 2023

**Decision: Approval of the Consent agenda.  
By consensus, approved.**

#### Review of minutes

- The September 14, 2023, meeting minutes were reviewed and there were no edits.

**Decision: Approval of September 14, 2023, Board meeting minutes.  
By consensus, approved.**

#### Review of action items

- #1 – LFP payment issues – DoBC is aware and has sent communication– complete.
- #2 – BC Family Doctors re: division group rate – They are not raising rates for 2024 and no to group rate. – complete
- #3 – additional prenatal education sessions – Oct 4 D & L was well attended and SIDFP will be offering to their members. – complete
- #4 – maternity update – on agenda – complete
- #5 – resident education sessions – in-progress

- #6 – social activities for division members – ongoing
  - #7 – continue to connect with Indigenous community for board representation – ongoing.
  - **NEW Action #1: Ask Pathways Administrator to email prenatal/maternity one-pager.**
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#### **Member feedback**

- Beer banter in September was a great success with 21 FPs attending.
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#### **Report from Nominations Committee**

- In-camera discussion 7:05-7:35 pm with Executive Director and Operations Coordinator present.
  - All candidates were confirmed to stand for election. Confirmation of members standing for election
  - Next steps:
    - Communication to members about the voting process to go out October 14
    - Voting begins October 17 and ends at midnight on October 27
    - New board can revisit the various policies at a future meeting for any amendments.
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#### **In-camera 7:35-7:40 pm**

Executive Director and Operations Coordinator left the room.

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#### **Break 7:40-7:45 pm**

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#### **Update on Urban Locum Pilot (ULP)**

- Quality improvements made to the program:
  - Orientation time has increased to two hours.
  - Improved communication with host physician. Introductory email that encourages locum and host to discuss expectations. Onus shifted from VDFP to host.
  - 3:1 ratio has been dropped. They will allow the locum and host to figure this out.
  - Currently, no board representative on the working group. Drs Ali Dozzi and Kristen Iverson will join the working group.
  - Last quarter (July-Sept) ULP coverage of shifts has increased 150%. This works out to 544 days off over the year for host physicians.
  - Risks: VDFP continues to hold the contract and oversight committee makes the decisions.
- ULP is expected to end June 2024. ULP Oversight Committee would like to request FPSC extends the program. The extension request would be for an additional 18 months until December 2025.
- There is no guarantee the pilot will be extended but if we do not support the extension, then we expect another community would pickup the pilot.
- Discussion/feedback:
  - The report is not reflective of the challenges experienced.
  - Evaluation needs to be re-evaluated and ensure the right questions are being asked.
  - There needs to be a contract between host and locum.
  - There needs to be a better process for interviewing locums and mentors.
  - An incentivized productivity bonus to those locums willing to see more patients.
  - ULP should be inline with LFP model and less like the salary model.
  - Recommendation to ULP to consider adding longer term locum placements for physicians who want to go on parental leave.
  - We need more community LFPs on the working group.

**Decision: Approval of the ULP Oversight Committee request a program extension until December 2025 from FPSC.**

**By consensus, approved.**

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### Update from Space Planning Sub-committee

- Status on lease preparation:
    - Landlord will likely extend the deadline.
    - Query: Can we create a non-profit society as a backup plan? There are concerns with that as well. The preferred option is for VDFP to be the leaseholder.
  - Status of discussions with MoH:
    - Scheduled meeting was cancelled as MoH requested written proposal.
    - Cynthia Durand-Smith and Beth-Ann Parmar have worked on the document and will submit to MoH tomorrow.
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### Update on Maternity situation

- Department head for Primary care/OBs is now a shared role by Drs Amy Cuthbertson and Lorelei Johnson.
  - Dr Duff emailed them and suggested they should look at the LTCl model for maternity care but no response yet.
  - A letter was sent on behalf of both SIDFP and VDFP Boards and CSCs to highlight the situation in Victoria.
  - The two call groups will merge in January 2024. 23 LFPs and some locums.
  - Resident working group is exploring the barriers to stay in maternity care.
  - Division needs to figure out what the issues are and then can advocate to the residency program.
- Action #2: Inquire with Resident working group to determine what the issues are with prenatal/maternity care.**
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### Housekeeping:

- Beer Banter will be in the private room for October with food pre-ordered. Drs Duff and Smit to host.
  - We will wait until after the BoD election to determine who will host the November 24 Beer Banter.
  - Physician Health & Wellness Committee is looking to hold a wellness event in the spring. They need someone who has a membership with the University Club at UVic that could sponsor the venue booking. No VDFP board members have a membership.
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### Communication with Members

- The VDFP Board approved requesting an extension of the ULP.
  - We need our voting members at the AGM on November 2<sup>nd</sup>.
  - We are happy to see that members are interested in joining the board and the election starting on October 16<sup>th</sup>.
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### Review of action items and meeting Evaluation

- Action items reviewed.
  - Evaluation survey completed.
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**Meeting Adjourned 8:30 pm**  
**Next Board meeting: November 16, 2023**  
**5:30-8:30 pm – VDFP Office**