

Remission is Possible: A New Way to Think About Type 2 Diabetes

May 14, 2024 | 5:30-6:30pm via Zoom

Presented by: Dr. Brendan Byrne, Chief Medical Officer, Lifestyle Rx



Zoom

<https://lifestylerrx-io.zoom.us/j/83531279575?pwd=KMLNbSe5hwSb4KXdhGbxTOOPs83aQv.1>

Meeting ID: 835 3127 9575 | Passcode: 431842

Learning Objectives:

This webinar will address the topic of type 2 diabetes remission, and how we can help more people reverse underlying insulin resistance and improve their glycemic control through a virtual care lifestyle medicine program.

- Review the potential type 2 diabetes remission
- Understand how to categorize type 2 diabetes into 5 subtypes and how they relate to remission potential
- Recognize that lifestyle changes are the first element of every clinical practice guidelines for type 2 diabetes
- Introduce the concept of the “Lifestyle Discussion” that physicians should be having with their patients living with diabetes

RSVP



About the Speaker

Brendan has been a physician and digital pioneer for the past 25 years. Trained at Yale and McGill, he was a pioneer in electronic medical records in Canada. As Chief Medical Officer for Lifestyle Rx, he is realizing his dream of turning information into better health outcomes by developing the full-stack virtual care solution that is helping people with type 2 diabetes achieve remission.

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