

**Management of Nuisance Bleeding Summary**  
**Dr Amanda Whitten for Dine and Learn Feb 20 2025**

Reassure- will likely get better in 3m

NSAIDS 5-7d in cyclic fashion

If no CI: Patch or Pill for 1-3m continuous, example Mirvala or Ovima

Ultimately if pt doesn't want it, remove

**If nuisance bleeding has stopped and pt presents with new abnormal uterine bleeding**

**Don't forget work up:**

STI: CH/GC/Trich/BV/Yeast

Cervical cancer cytology +/- colpo esp if post-coital bleeding

US: for IUD placement/structural abnormalities Consider endometrial biopsy

Gyne referral