

Register for Five Days in May 2026

B.C.'s annual **health research showcase** is designed to **educate, inform, inspire, stimulate, & transform**--and you've got **early bird access to register!**



The banner features a teal background with the text 'FIVE DAYS IN MAY 2026' in white and pink. Below the title, a white box contains the text 'Join us online every Friday in May to learn how research is transforming health and care across the province!'. Five white boxes with dates (01, 08, 15, 22, 29) are arranged horizontally. Below each date is a representative image: a colorful heart, a young girl on an elderly woman's shoulders, a 'NO MORE ODS' banner, a brain model, and a cedar cone. At the bottom, five teal boxes label the topics: Meaningful Engagement, Seniors Health, Toxic Drug Crisis, Brain Injury, and Indigenous Health.

FIVE DAYS IN MAY 2026

Join us online every Friday in May to learn how research is transforming health and care across the province!

01 **08** **15** **22** **29**

Meaningful Engagement **Seniors Health** **Toxic Drug Crisis** **Brain Injury** **Indigenous Health**

Save your seat today – space is limited! Get the details and register below:

- May 1 (10 am - 12 pm): [From Participation To Empowerment: What Meaningful Engagement In Research Really Looks Like](#)
- May 8 (10 - 11:30 am): [Healthy Aging: Building Communities Where Seniors Thrive](#)
- May 15 (11:30 am - 1 pm): [10 Years In: What We're Learning From BC's Toxic Drug Response](#)
- May 22 (1 - 2:30 pm): [Beyond Brain Injury: Rethinking Diagnosis, Support, and Recovery](#)
- May 29 (10 am - 12 pm): [Indigenous-Led Research: Reclaiming Knowledge, Redefining Health](#)

And don't miss Interior Health's [Research Week 2026](#) events, taking place May 4 – 8.

This year's events are a collaboration between the [BC SUPPORT Unit](#), [BC NEIHR](#) (Network Environment for Indigenous Health Research), and Fraser, Interior, Island and Northern Health.